

VA



U.S. Department
of Veterans Affairs



[#VetResources](#) - for Veterans, their Families, Caregivers, and Survivors

Sign up for this weekly newsletter at www.VA.gov/VetResources
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Veterans and Transitioning Military Get a Free Year of LinkedIn Premium

LinkedIn is offering Veterans, VA caregivers, Fry Scholars, and those transitioning from Military to civilian life a year of free LinkedIn Premium and one-year access to LinkedIn Learning.

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Veterans Can Now Access Information Through Health Records on iPhone



The US Department of Veteran Affairs (VA) now provides access for veterans to their health data in the Health Section of the Health app for iPhone. VA hopes to provide Veterans with access to their health data at any time and in one place to make it easier to keep their health in check.

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The Great American Smokeout



VA invites Veterans to join the Great American Smokeout on Thursday, Nov. 21. Whether the Smokeout marks your quit day or inspires you to stick to your quit plan, there's no better day to celebrate a life free from smoking.

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Serving America's Veterans by Providing Tips on Investing for the Future



The SEC offers Veterans information, tips, and resources on financial investing and savings. Ranging from preparedness checklists to interest calculators, the SEC provides tools, on their military-focused website, to assist Veterans and their families in planning their financial future.

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Commissary, Military Service Exchange, and MWR Access Extended to More Veterans Beginning January



Starting Jan. 1, 2020, the Department of Defense is expanding access to military commissaries, exchanges, and morale, welfare and recreation facilities for certain Veterans and caregivers. Those eligible for access include all service-connected Veterans, Purple Heart recipients, former Prisoners of War (POW), and those approved and designated as the primary family caregivers of eligible Veterans. To acquire the in-person privileged access, all eligible Veterans must obtain a Veteran Health Identification Card (VHIC).

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VA Podcast: Borne the Battle



Robert Primeaux, U.S. Army Vietnam Veteran, Stuntman, Actor, Lakota Warrior shares the four cardinal virtues of the Lakota that helped him return from war.

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Update: Health Information Sharing is essential to Veterans' health



With the launch of the [VA MISSION Act](#) this past June, VA expanded Veterans' access to community care. We use the [Veteran's Health Information Exchange \(VHIE\)](#) to securely share health information with our trusted network of community providers. We encourage all Veterans to take advantage of automatic, secure sharing via VHIE to give their providers a more complete view of their medical history.

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Survivors Quick Start Guide



Part of VA's Welcome Kit, the Survivors quick start guide begins with a step by step checklist for preparing, applying for, and following up on the available benefits. Each step spells out in plain language what to do, what forms to fill out, and who to call if you need help.

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Did you know the [National Resource Directory](#) has more than 14,000 vetted resources available to you right now? Featured Resource: [Military & Veteran Caregiver Network](#)

Offers peer-based support and services to connect those providing care for Service Members and Veterans who are dealing with wounds, illnesses and/or injuries.

Vantage Point

- [VA Caregiver Support Line brings sense of community and peace to caregivers](#)
- [VA, Prostate Cancer Foundation seek solutions for aggressive prostate cancer](#)
- [Board of Veterans Appeals honored for military spouse employment](#)
- [VA staff brings Veterans Day parade to patients](#)
- [Army Veteran shares story during Transgender Awareness Week](#)
- [Five highly valued skills Veterans bring to VA careers](#)
- [Veteran mental health key part of pledge signing](#)
- [How the VA is Using Customer Feedback to Support Veteran's Mental Health](#)
- [Battlefield acupuncture relieves Veteran's pain](#)

VA News Releases

- [VA renews partnership with Y-USA to expand whole-health services to Veteran communities](#)
- [VA announces limits on taxpayer-funded union time, tells unions to pay their fair share for office space, equipment](#)
- [VA uses innovative means to help reduce diabetic limb loss](#)
- [VA and U.S. Chamber of Commerce Foundation launch effort to prioritize mental health and emotional wellbeing in America's workplace](#)

HELLO.
Welcome to VA.
Let's get started.

Find a VA Facility near you.

[FACILITY LOCATOR](#)

Not sure where to start?

[VA WELCOME KIT](#)

Are you a Veteran in crisis or concerned about one?

Did you know that VA offers same day services in Primary Care and Mental Health at 172 VA Medical Centers across the country? [Make the Connection Resource Locator](#)

Contact the [Veterans Crisis Line \(1-800-273-8255 and press 1, \[Chat\]\(#\), or Text 838255.\)](#)



RP RALLYPOINT

Find free post traumatic growth and mental health services on RallyPoint

[JOIN NOW](#)

Learn how RallyPoint can help you and other members of the Veteran community. Connect with Veterans about [mild to moderate TBIs](#). Discuss with Veterans the symptoms of [un-undiagnosed brain injuries](#). Learn ways to get free R&R style [PTSD treatment](#).

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If you are in crisis and need immediate help, please call 1-800-273-8255 and (PRESS 1) or visit <http://www.veteranscrisisline.net/>.

Please remember the only secure way to ask personal questions is at <https://iris.custhelp.com>. Explore VA benefits at explore.va.gov



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